

Sunday, August 8, 2021

Lectionary 19, Year B

Introduction

Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. In Ephesians Paul tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism. We live in love, as Christ loved us and gave himself up for us. The whole purpose of life is giving yourself for the other.

Confession and Forgiveness

All may make the sign of the cross, the sign marked at baptism, as the presiding minister begins.

Blessed be the holy Trinity, ✙ one God,
the God of manna,
the God of miracles,
the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance,
let us confess our sin.

Silence is kept for reflection.

God, our provider,

help us.

It is hard to believe there is enough to share.

**We question your ways when they differ from the ways
of the world in which we live.**

**We turn to our own understanding
rather than trusting in you.**

We take offense at your teachings and your ways.

Turn us again to you.

Where else can we turn?

**Share with us the words of eternal life
and feed us for life in the world.**

Amen.

Beloved people of God:

in Jesus, the manna from heaven,
you are fed and nourished.

By Jesus, the worker of miracles,
there is always more than enough.

Through Jesus, ✙ the bread of life,

you are shown God's mercy:

you are forgiven and loved into abundant life.

Amen.

Prayer of the Day

Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord. Amen.

Gospel Acclamation

Alleluia. I am the living bread that came down from heaven.* Whoever eats this bread will live forever. *Alleluia.* (John 6:51)

Readings and Psalm

[1 Kings 19:4-8](#)

Elijah given bread for his journey

[Psalm 34:1-8](#)

Taste and see that the LORD is good. (Ps. 34:8)

[Ephesians 4:25--5:2](#)

Put away evil, live in love

[John 6:35, 41-51](#)

Christ, the bread of life

Semicontinuous First Reading and Psalm

[2 Samuel 18:5-9, 15, 31-33](#)

David laments Absalom's death

[Psalm 130](#)

Out of the depths I cry to you, O LORD. (Ps. 130:1)

First Reading: 1 Kings 19:4-8

First Kings chapter 18 describes the contest between Elijah and the prophets of Baal. The contest proves that the LORD is God, and afterward Elijah orders the killing of the Baal prophets. Angered by the deaths of her prophets, Queen Jezebel threatens to kill Elijah. This reading finds Elijah fleeing, fatigued, and in utter despair.

⁴[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.⁷ The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Psalm: Psalm 34:1-8

Taste and see that the LORD is good. (Ps. 34:8)

¹I will bless the LORD¹ at all times;
the praise of God shall ever be¹ in my mouth.

²**I will glory¹ in the LORD;
let the lowly hear¹ and rejoice.**

³Proclaim with me the greatness¹ of the LORD;
let us exalt God's¹ name together.

⁴**I sought the LORD, who¹ answered me
and delivered me from¹ all my terrors. R**

⁵Look upon the LORD¹ and be radiant,
and let not your faces¹ be ashamed.

⁶**I called in my affliction, and¹ the LORD heard me
and saved me from¹ all my troubles.**

⁷The angel of the LORD encamps around those who¹ fear the LORD
and de-¹livers them.

⁸**Taste and see that the¹ LORD is good;
happy are they who take ref-¹uge in God! R**

Second Reading: Ephesians 4:25--5:2

Christians are called to be imitators of God. This does not mean Christians are perfect. Rather, the Spirit is at work in our lives so that our actions and attitudes genuinely reflect the love and forgiveness we have received through Christ and his death.

²⁵So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. ²⁶Be angry but do not sin; do not let the sun go down on your anger, ²⁷and do not make room for the devil. ²⁸Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. ²⁹Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³²and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.

^{5:1}Therefore be imitators of God, as beloved children, ²and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Gospel: John 6:35, 41-51

After feeding more than five thousand people in the wilderness, Jesus teaches them regarding the true significance of this remarkable sign.

³⁵Jesus said to [the crowd,] "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. ⁴¹Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." ⁴²They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come

down from heaven'?" ⁴³Jesus answered them, "Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your ancestors ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Semicontinuous First Reading: 2 Samuel 18:5-9, 15, 31-33

This reading describes some of the troubles in King David's family. His son Absalom has amassed an army and seized David's throne. Those loyal to David fight Absalom's forces and defeat them. David himself is chiefly concerned about the well-being of his son, even though that son has betrayed him.

⁵[King David] ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom.

⁶So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. ⁷The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. ⁸The battle spread over the face of all the country; and the forest claimed more victims that day than the sword.

⁹Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. ¹⁵And ten young men, Joab's armor-bearers, surrounded Absalom and struck him, and killed him.

³¹Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the LORD has vindicated you this day, delivering you from the power of all who rose up against you." ³²The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man."

³³The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Semicontinuous Psalm: Psalm 130

Out of the depths I cry to you, O LORD. (Ps. 130:1)

¹Out | of the depths

I cry to | you, O LORD;

²**O LORD, | hear my voice!**

Let your ears be attentive to the voice of my | supplication.

³If you were to keep watch | over sins,

O LORD, | who could stand?

⁴Yet with you | is forgiveness,
in order that you | may be feared. R

⁵I wait for you, O LORD; | my soul waits;
in your word | is my hope.

⁶My soul waits for the Lord more than those who keep watch | for the morning,
more than those who keep watch | for the morning.

⁷O Israel, wait for the LORD, for with the LORD there is | steadfast love;
with the LORD there is plen- | teous redemption.

⁸For the LORD shall | redeem Israel
from | all their sins. R

Prayers of Intercession

The prayers are prepared locally for each occasion. The following examples may be adapted or used as appropriate.

Rooted in Christ and sustained by the Spirit, we offer our prayers for the church, the world, and all of creation.

A brief silence.

For the church of Christ in all its diverse forms. For mission developers, new mission starts, and all communities of faith exploring new models of ministry for the sake of the gospel. For congregations facing difficult decisions about their future. God, in your mercy,

hear our prayer.

For the health and well-being of creation. For shade trees that provide refuge from the hot summer sun. For lakes, rivers, and oceans contaminated by pollution and all who lack clean water. God, in your mercy,

hear our prayer.

For those called to positions of authority in our legal system, we pray. For judges, lawyers, law clerks, and court employees who ensure the fair administration of justice. For corrections officers and prison chaplains, that they would deal mercifully with those who are incarcerated. God, in your mercy,

hear our prayer.

For all who cry out to you in their affliction. For exiles, refugees, and others who face long and difficult journeys, uncertain about the future. For all who mourn the death of a loved one. For all who are sick (*especially*). God, in your mercy,

hear our prayer.

For this assembly gathered around your table, we pray. For those among us who bake bread and prepare the vessels for our communion celebration. For those who bring the food from this table to those who are homebound or hospitalized. God, in your mercy,

hear our prayer.

Here other intercessions may be offered.

For those who have been raised to eternal life, we give thanks. With (*Dominic, name/s, and*) all the saints we praise you for the bread of life that keeps us in your love forever. God, in your mercy,

hear our prayer.

We lift these and all our prayers to you, O God, confident in the promise of your saving love; through Jesus Christ our Lord.

Amen.

Offering Prayer

Jesus, Bread of life,
you have set this table with your very self,
and called us to the feast of plenty.
Gather what has been sown among us,
and strengthen us in this meal.
Make us to be what we receive here,
your body for the life of the world.

Amen.

Invitation to Communion

Christ has set the table with more than enough for all.
Come!

Prayer after Communion

Jesus, Bread of life,
we have received from your table
more than we could ever ask.
As you have nourished us in this meal,
now strengthen us to love the world with your own life.
In your name we pray.

Amen.

Blessing

The blessing of God,
who provides for us, feeds us, and journeys with us,
✠ be upon you now and forever.

Amen.

Dismissal

Go in peace. You are the body of Christ.
Thanks be to God.

Upcoming Commemorations

Dominic, founder of the Order of Preachers (Dominicans), died 1221

Sunday, August 8, 2021

Dominic was a Spanish priest who saw the wealth of the clergy as a stumbling block for the church, so he formed a movement, the Order of Preachers (commonly called Dominicans) devoted to itinerant preaching and living in poverty.

Lawrence, deacon, martyr, died 258

Tuesday, August 10, 2021

As one of the seven deacons of the church at Rome, Lawrence was responsible for the church's financial matters and for the care of the poor. Asked by the emperor to gather the church's treasure, he presented a collection of orphans, lepers, and the like. The enraged emperor had him put to death.

Clare, Abbess of San Damiano, died 1253

Wednesday, August 11, 2021

A contemporary of Francis of Assisi, Clare and a growing number of companions established a women's Franciscan community, called the Order of Poor Ladies, or Poor Clares. She inspired other women to pursue spiritual goals.

Florence Nightingale, died 1910; Clara Maass, died 1901; renewers of society

Friday, August 13, 2021

Nightingale was born in England, and horrified her wealthy family by deciding to become a nurse. She led a group of nurses in ministering in the midst of the Crimean War, and worked for hospital reform. Maass, a native of New Jersey, was also a war nurse, and volunteered as a subject for research on yellow fever. She died of the disease.

Maximilian Kolbe, died 1941; Kaj Munk, died 1944; martyrs

Saturday, August 14, 2021

Father Kolbe was a Franciscan priest arrested by the Nazis and confined in Auschwitz. Kolbe gave generously of his meager resources, and finally volunteered to be starved to death in place of another man. A Danish Lutheran pastor and playwright, Munk strongly denounced the Nazis who occupied Denmark in the Second World War. His sermons and articles helped to show the anti-Christian nature of the movement.

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